Retiree Pre-Medicare Health Plan Addendum

The information below is intended to serve as an update to the January 1, 2017 Retiree Pre-Medicare Health Plan (RPHP) Summary Plan Description (SPD) administered by Aetna.

Effective January 1, 2020

Short Term Rehabilitation for Diagnosis of Autism
For individuals with autism, short term rehabilitation is increasing to unlimited.

Skilled Nursing
Skilled nursing facility change from 90 days to 120 days per calendar year.

Acupuncture
Eligible health services include the treatment by the use of acupuncture (manual or electroacupuncture) provided by a MD, if the service is performed:
- As a form of anesthesia in connection with a covered surgical procedure and to alleviate chronic pain or to treat:
  - Postoperative and chemotherapy-induced nausea and vomiting
  - Nausea of pregnancy
  - Postoperative dental pain
  - Temporomandibular disorders (TMD)
  - Migraine headache
  - Pain from osteoarthritis of the knee or hip (adjunctive therapy).

Transgender Benefits
The RPHP’s Transgender benefits have been expanded to include procedures previously considered “cosmetic” in nature, in accordance with coverage WPATH (World Professional Association for Transgender Health) guidelines. The list below is a summary of the covered procedures. If you have specific questions about the coverage, please contact Aetna at 877-371-2007.

- Abdominoplasty
- Blepharoplasty
- Brow lift
- Calf implants
- Cheek/malar implants
- Chin/nose implants
- Collagen injections
- Construction of a clitoral hood
- Drugs for hair loss or growth
- Facial feminization and masculinization surgery
- Forehead lift
- Jaw reduction (jaw contouring)
· Hair removal (e.g., electrolysis, laser hair removal)
· Hair transplantation
· Lip reduction
· Liposuction
· Mastopexy
· Neck tightening
· Nipple reconstruction
· Nose implants
· Pectoral implants
· Pitch-raising surgery
· Removal of redundant skin
· Rhinoplasty
· Tracheal shave
· Voice therapy/voice lessons.

**Effective January 1, 2018 and 2019**
The RPHP did not have any plan design changes.