

# Family Life Resources for Faculty

## At Cornell, your family matters.

Cornell offers an array of services, programs, and events to support you in caring for your family.

### Child Care

[hr.cornell.edu/wellbeing-perks/parenting](https://hr.cornell.edu/wellbeing-perks/parenting)

**Work/Life consultant:** Looking for child care or summer camp options? Contact the university's work/life consultant: [worklife@cornell.edu](mailto:worklife@cornell.edu). The work/life consultant helps faculty and academic staff assess their needs and identify formal and informal options.

**The Cornell Child Care Grant Program** provides financial assistance to benefits-eligible faculty and staff. The application period occurs during late summer/early fall.

**The Cornell Child Care Center** serves children ages 6 weeks to 5 years of age. Hours are 7 a.m. to 6 p.m., and follow the university calendar. The center is accredited and is managed by Bright Horizons Family Solutions. The center is located at 150 Pleasant Grove Road. Contact (607) 255-1010.

**Emergency back-up child care** is offered at the Cornell Child Care Center for children and infants up to 5 years of age. Employees and students may access this care in the event their regular providers are not available. Contact the CCCC for fees and availability.

**UCNS:** A cooperative play-based nursery school for children ages 3-5 years old. Cornell families receive enrollment priority and a sliding fee scale is available.

**The Faculty Dependent Care Travel Fund:** provides financial assistance for qualified dependent-care expenses incurred by tenure track and tenured faculty while traveling for professional reasons.

**Other programs:** A variety of on-campus academic and sports summer camp programs are also available to children of employees.

### Cornell Academic Parental Leave

Provides up to one semester of partial relief with full pay for a primary or coequal care-giving parent. Untenured faculty who become a parent by birth or adoption are also granted an automatic extension of the tenure clock for one year. Contact your local HR representative.

[hr.cornell.edu/benefits-pay/leaves-disability/parental-leave](https://hr.cornell.edu/benefits-pay/leaves-disability/parental-leave)



### Elder & Adult Care

<https://hr.cornell.edu/wellbeing-perks/elder-adult-care>

**Work/Life consultant:** Are you providing care to an aging parent or relative? Contact the university's work/life consultant at [worklife@cornell.edu](mailto:worklife@cornell.edu). The work/life consultant assists employees with questions on elder or adult care issues and helps them find on and off-campus resources and support.

**The Caregiver Support & Education Network:** meets monthly on-campus and provides a forum for caregivers to build connections and find additional support. In addition to the network, free workshops on a variety of caregiving topics are available throughout the year.

### Breastfeeding Support

The university supports breastfeeding mothers in a variety of ways. Time away from work for the purpose of pumping/expressing breastmilk is available, as well as over forty dedicated spaces for pumping/expressing breastmilk. Each semester a "Preparing for Baby" education series is offered on campus, free of charge, and includes workshops on breastfeeding. Breastpumps and supplies are covered under the health insurance programs. Consultations are available for those seeking guidance on breastfeeding support policies and resources.

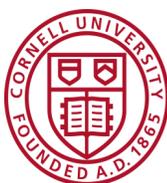
[hr.cornell.edu/wellbeing-perks/parenting/lactation-and-breastfeeding-support](https://hr.cornell.edu/wellbeing-perks/parenting/lactation-and-breastfeeding-support)

### CARE@Work

Looking to hire a caregiver or household helper? Benefits-eligible faculty and academic staff have free access to Care.com through the Cornell Care@Work platform. Sign up now to find:

- Babysitters, nannies, and tutors
- Elder companions
- Pet sitters and walkers
- Housekeepers, house sitters, and yard care

[cornell.care.com](https://cornell.care.com)



Cornell University

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# Family Life Resources for Faculty

## Workshops & Lectures

A variety of family life workshops, lectures, and webinars are offered throughout the year, free of charge to Cornellians and their partners. Each semester a "Preparing for Baby" education series is offered on campus, free of charge. Past workshops have included "Fiduciary Responsibilities of Caregivers" and "Downsizing and Decluttering."

<https://hr.cornell.edu/wellbeing-perks>

## Flexible Spending Accounts

Employees may set aside a limited amount of money on a pre-tax basis for child care, adult dependent care, and health care costs. Registration must be completed during the annual open enrollment period each year.

[hr.cornell.edu/benefits-pay/retirement-finances/flexible-spending-account](http://hr.cornell.edu/benefits-pay/retirement-finances/flexible-spending-account)

## Financial Assistance for Adoption

Assistance is available to benefits-eligible employees who are pursuing the adoption of a child (up to \$5,000 per adoption with a maximum of three adoptions per family).

[hr.cornell.edu/benefits-pay/retirement-finances/financial-assistance/adoption-assistance](http://hr.cornell.edu/benefits-pay/retirement-finances/financial-assistance/adoption-assistance)

## Educational Benefits

The Cornell Children's Tuition Scholarship (CCTS) Program provides financial assistance to the children of eligible employees, regardless of whether the child attends Cornell University.

[hr.cornell.edu/benefits-pay/education-benefits/ccts](http://hr.cornell.edu/benefits-pay/education-benefits/ccts)

## Life Insurance

The Group University Life Insurance Program gives benefits-eligible employees the opportunity to sign up for life insurance coverage for their children and partners.

[hr.cornell.edu/benefits-pay/retirement-finances/life-and-optional-insurance-programs](http://hr.cornell.edu/benefits-pay/retirement-finances/life-and-optional-insurance-programs)

## Cornell Wellness

Cornell Wellness offers memberships to faculty, staff, retirees, and their partners. Offerings include gym access, nutrition counseling, educational workshops, group exercise classes, and more.

[wellness.cornell.edu](http://wellness.cornell.edu)



## Stay Informed

Family-friendly campus events, educational workshops, and other programs are promoted through various avenues (listed below). Contact Work/Life for more information at [worklife@cornell.edu](mailto:worklife@cornell.edu).

- **Employee Weekly Update**
- **Cornell Parents e-News** (bi-weekly newsletter): of interest to Cornell faculty, staff, students, and retirees who are parents and/or grandparents.
- **Cornell Parents e-Lists** (interactive lists): email [parents-classifieds-L-request@cornell.edu](mailto:parents-classifieds-L-request@cornell.edu), [parents-undersix-L-request@cornell.edu](mailto:parents-undersix-L-request@cornell.edu) or [parents-K12-L-request@cornell.edu](mailto:parents-K12-L-request@cornell.edu) with "join" in the subject
- **School Closings e-List**: alerts parents of local school closings.
- **Cornell Elder e-News** (monthly newsletter): Connects Cornellians to campus and community based resources that may be helpful
- **Cornell Elder e-List** (interactive list): email [elder-L-request@cornell.edu](mailto:elder-L-request@cornell.edu) with "join" in the subject
- **Other e-Lists**: LGBT Parenting, Adoption, Lactation, Special Needs, Diverse Community Networks, and more. See [hr.cornell.edu/e-lists](http://hr.cornell.edu/e-lists) for more listservs.

## Annual Events

Throughout the year there are a number of annual events held on campus that are geared toward Cornell families, such as:

- Bring A Child To Work Day
- Employee Celebration Days
- Homecoming
- College of Veterinary Medicine Open House
- Insectapalooza

## Contacts

### Work/Life

395 Pine Tree Road, Suite 130  
[worklife@cornell.edu](mailto:worklife@cornell.edu)  
(607) 255-0388

[hr.cornell.edu/wellbeing-perks](http://hr.cornell.edu/wellbeing-perks)

### Cornell Child Care Center

150 Pleasant Grove Road  
[cornell@brighthorizons.com](mailto:cornell@brighthorizons.com)  
(607) 255-1010

[hr.cornell.edu/wellbeing-perks/parenting/cornell-child-care-center](http://hr.cornell.edu/wellbeing-perks/parenting/cornell-child-care-center)

### HR Services and Transitions Center

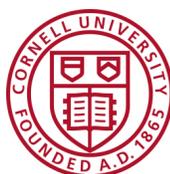
395 Pine Tree Road, Suite 110  
[hrservices@cornell.edu](mailto:hrservices@cornell.edu)  
(607) 255-3936

[hr.cornell.edu/benefits-pay](http://hr.cornell.edu/benefits-pay)

### Cornell Wellness

305 Helen Newman Hall  
[wellness@cornell.edu](mailto:wellness@cornell.edu)  
(607) 255-5133

[wellness.cornell.edu](http://wellness.cornell.edu)



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