



Cornell Program for Healthy Living (CPHL) Directory of Primary Care Physicians

This is a listing of Primary Care Physicians (PCP) who have elected to join the **Cornell Program for Healthy Living**. If you wish to receive the Enhanced Wellness Exam, please be sure to select one of these physicians for your PCP. In addition, each family member you cover under this health insurance program must also pick a PCP from this list if they wish to receive an Enhanced Wellness Exam.

Please carefully type in the PCP's name and Aetna PCP Provider Number on the Workday panel to continue registering for the **Cornell Program for Healthy Living**.

If you and/or your dependents do not wish to receive the Enhanced Wellness Exam, you do not need to select a PCP. By not selecting a PCP, you and/or your dependents will still be able to receive a **routine physical exam**. Please refer to the [CPHL website](#) for more information.

TOMPKINS COUNTY

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Ann & John Costello MD	Costello, Ann	4217986
Ann & John Costello MD	Griffin, Judith	5844898
Ann & John Costello MD	Jander, Lucia	7260773
Cayuga Family Medicine	Howson, Mary	5797197
Cayuga Family Medicine	Karnow, Alexandra	5875799
Cayuga Family Medicine	Loehr, James	7353050
Cayuga Family Medicine	Ryan, Elizabeth	4986145
Cayuga Medical Associates	Aponte, Maya L.	7097760
Cayuga Medical Associates	Castellanos, Robert	4226518
Cayuga Medical Associates	Cotton, Elisabeth	5260534
Cayuga Medical Associates	Ejaz, Kanwal	4355398
Cayuga Medical Associates	Hassan, Humaira	9376423
Cayuga Medical Associates	Margie, Walter	4118052
Cayuga Medical Associates	Mead, John-Paul	7019240
Cayuga Medical Associates	Pachikara, Samson	7728251
Dryden Family Medicine	Klepack, William	4228217
Dryden Family Medicine	Silcoff, Howard	5298599
Dryden Family Medicine	Sopchak, Mason	9182690
Family Medicine Associates of Ithaca	Breiman, Robert	4215839
Family Medicine Associates of Ithaca	Berlin, Carol	4759678
Family Medicine Associates of Ithaca	Darlow, Lloyd	4638406
Family Medicine Associates of Ithaca	Midura, Alan	4495790
Family Medicine Associates of Ithaca	Shallish, Neil	4216891
Family Medicine Associates of Ithaca	Ziegler, Sharon	5363216

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Family Practice Associates of Dryden	Niziol, Michael	4226076
Gannett	Decker, Francesca	5843834
Guthrie Medical Group	Cannariato, Catherine	4655123
Guthrie Medical Group	Crepet, Ruth	4253450
Guthrie Medical Group	Estill, Matthew	5984192
Guthrie Medical Group	Galyanova, Valentina	5802751
Guthrie Medical Group	Kuntz, Bruce	7088329
Guthrie Medical Group	Mohyuddin, Aliasghar	5793561
Guthrie Medical Group	Skezas, Jacob	4094395
Integrative Family Medicine	O'Shae, Marne	7036535
Integrative Family Medicine	Stewart, Nancy	4216800
Ithaca Med	Law, Adam	4415969
Karen LaFace, MD	LaFace, Karen	7734050
Radomir Stevanovic, MD	Stevanovic, Radomir	7304687
Trumansburg Family Health Center	Blegen, Michelle	7983255
Trumansburg Family Health Center	Cooke, John	7497466
Trumansburg Family Health Center	Heetderks, Gerrit	5411928
Trumansburg Family Health Center	McCauley, Maura	7511206
Internal Medicine of Ithaca	Wattoo, Muhammad	5212756
Pediatric & Adolescent Medical Practices		
Buttermilk Falls Pediatrics	Casey, Jessica	7132359
Buttermilk Falls Pediatrics	Lambert, John	4217979
Buttermilk Falls Pediatrics	Sendek, Janusz	4490851
Buttermilk Falls Pediatrics	Shrivastava, Amitabh	4547589
Guthrie Medical Group	Naik, Dhruvi	7203549
Northeast Pediatrics and Adolescent Medicine	DeSilva, Audrey	5677620
Northeast Pediatrics and Adolescent Medicine	Estrin, Yonit	4860318
Northeast Pediatrics and Adolescent Medicine	Harris, Timothy	4803219
Northeast Pediatrics and Adolescent Medicine	Snedeker, Jeffrey	4602871
Northeast Pediatrics and Adolescent Medicine	Tamborelle, Lindsay	5987821
Northeast Pediatrics and Adolescent Medicine	Torrado, Andrea	5615598
Northeast Pediatrics and Adolescent Medicine	Uphoff, Marguerite	4217140

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
	Hart, Shern	4507112
DEPENDENT LIVING OUT OF AREA	Enter: "None"	2222222

GANNETT STUDENT HEALTH SERVICES

IMPORTANT NOTE: Gannett Health Services will only take Cornell students as patients for this program. Only Cornell students are able to select a physician from Gannett as their PCP. This is not available to employees.

Adolescent Medical Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Gannett Health Services	Bullis, Kent	5983278
Gannett Health Services	Driesch, Mary	5166318
Gannett Health Services	Hamilton, Jada	5464837
Gannett Health Services	Hill, Kenneth	4287041
Gannett Health Services	Hurley, Margaret	4230406
Gannett Health Services	Jones, Anne	9840380
Gannett Health Services	Koppel, Edward	5735760
Gannett Health Services	Wentzel, David	4215474

OUTSIDE OF TOMPKINS COUNTY

Guthrie Clinics operate as one integrated clinic, regardless of location. Thus, the following Guthrie Clinic physicians will also accept patients under the Cornell Program for Healthy Living. If you live outside of Tompkins County or seek your medical care outside of the county, one of the Guthrie Clinic locations may be convenient for you.

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Guthrie Medical Group	Armstrong, Robert	4094963
Guthrie Medical Group	Belardi, Francis	4062388
Guthrie Medical Group	Cassetta, Brian	4094900
Guthrie Medical Group	Choi, Mike	7983457
Guthrie Medical Group	Choi, Susan	4312176
Guthrie Medical Group	Corey, Mark	5740716
Guthrie Medical Group	Elsisi, Amr	7509202
Guthrie Medical Group	Fucito, Christopher	7804968
Guthrie Medical Group	Garcia, Carlos	5258775
Guthrie Medical Group	Gustafson, Thomas	4261122
Guthrie Medical Group	Hallihan, Kathleen	7543043
Guthrie Medical Group	Ho, Elizabeth	4253452
Guthrie Medical Group	Hodder, Heidi	9515214
Guthrie Medical Group	Ingerick, Brent	7418644
Guthrie Medical Group	Jabile, James	9226387
Guthrie Medical Group	Jones, Anne	9840380
Guthrie Medical Group	Khan, Rowshanul	5999092
Guthrie Medical Group	Lewis, Paulette	7060455
Guthrie Medical Group	Malavet, Angel	4673210

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Guthrie Medical Group	Malavet, Janette	5026023
Guthrie Medical Group	Manek, Megha	9863685
Guthrie Medical Group	Mauer, Mark	4531775
Guthrie Medical Group	McClelland, Robert	7311496
Guthrie Medical Group	McClintic, William	4094866
Guthrie Medical Group	Meneses, Robert	4562669
Guthrie Medical Group	Odife, Amechi	9062400
Guthrie Medical Group	Parken, Peter	4094901
Guthrie Medical Group	Patel, Palakkumar	9295424
Guthrie Medical Group	Perle, Kristine	5343542
Guthrie Medical Group	Phillips, Eric	4459192
Guthrie Medical Group	Phykitt, Donald	4506654
Guthrie Medical Group	Prabhu, Sheela	7475584
Guthrie Medical Group	Qadir, Abdul	4094947
Guthrie Medical Group	Ryab, Debra	4083097
Guthrie Medical Group	Samodal, Rodrigo	7098637
Guthrie Medical Group	Sharma, Hari	4094943
Guthrie Medical Group	Sharma, Ram	5778620
Guthrie Medical Group	Solomon, Sarra	7812492
Guthrie Medical Group	Sutton, Mala	4094407
Guthrie Medical Group	Tao, Sue Hing	7148229
Guthrie Medical Group	Tarafdar-Haghighat, Shahrzad	9370609
Guthrie Medical Group	Terwilliger, Jerry	4083123
Guthrie Medical Group	Tibrewal, Mahima	9741695
Guthrie Medical Group	Tran, Vinh	9478606
Guthrie Medical Group	Weiner, Jamie	5425421
Guthrie Medical Group	Woglom, Russell	4259673
Guthrie Medical Group	Yaeger, Thomas	4134131