

Cornell Program for Healthy Living (CPHL) Directory of Primary Care Physicians

This is a listing of Primary Care Physicians (PCP) who have elected to join the **Cornell Program for Healthy Living**. If you wish to receive the Enhanced Wellness Exam, please be sure to select one of these physicians for your PCP. In addition, each family member you cover under this health insurance program must also pick a PCP from this list if they wish to receive an Enhanced Wellness Exam.

Please carefully type in the PCP's name and Aetna PCP Provider Number on the Workday panel to continue registering for the **Cornell Program for Healthy Living**.

If you and/or your dependents do not wish to receive the Enhanced Wellness Exam, you do not need to select a PCP. By not selecting a PCP, you and/or your dependents will still be able to receive a **routine physical exam**. Please refer to the [CPHL website](#) for more information.

TOMPKINS COUNTY

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Ann & John Costello MD	Costello, Ann	4217986
Ann & John Costello MD	Griffin, Judith	5844898
Ann & John Costello MD	Jander, Lucia	7260773
Cayuga Family Medicine	Karnow, Alexandra	5875799
Cayuga Family Medicine	Loehr, James	7353050
Cayuga Family Medicine	Ryan, Elizabeth	4986145
Cayuga Medical Associates	Aponte, Maya L.	7097760
Cayuga Medical Associates	Arbach, Angela	6422103
Cayuga Medical Associates	Castellanos, Robert	4226518
Cayuga Medical Associates	Cotton, Elisabeth	5260534
Cayuga Medical Associates	Deferrante, Diane	4331136
Cayuga Medical Associates	Ejaz, Kanwal	4355398
Cayuga Medical Associates	Hassan, Humaira	9376423
Cayuga Medical Associates	La Face, Karen	7734050
Cayuga Medical Associates	Margie, Walter	4118052
Cayuga Medical Associates	Mead, John-Paul	7019240
Cayuga Medical Associates	Salomon, Adrienne L.	7752897
Cayuga Medical Associates	Thananart, Sandra	7783886
Cayuga Medical Associates	Winkler, James	4627676
Cayuga Medical Associates	Yoon, Serena	4362587

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Dryden Family Medicine	Klepack, William	4228217
Dryden Family Medicine	Silcoff, Howard	5298599
Dryden Family Medicine	Sopchak, Mason	9182960
Family Medicine Associates of Ithaca	Berlin, Carol	4759678
Family Medicine Associates of Ithaca	Breiman, Robert	4215839
Family Medicine Associates of Ithaca	Darlow, Lloyd	4638406
Family Medicine Associates of Ithaca	Midura, Alan	4495790
Family Medicine Associates of Ithaca	Shallish, Neil	4216891
Family Medicine Associates of Ithaca	Ziegler, Sharon	5363216
Family Practice Associates of Dryden	Niziol, Michael	4226076
Guthrie Medical Group	Cannariato, Catherine	4655123
Guthrie Medical Group	Crepet, Ruth	4253450
Guthrie Medical Group	Estill, Matthew	5984192
Guthrie Medical Group	Galyanova, Valentina	5802751
Guthrie Medical Group	Kuntz, Bruce	7088329
Guthrie Medical Group	Skezas, Jacob	4094395
Integrative Family Medicine	O'Shae, Marne	7036535
Internal Medicine of Ithaca	Wattoo, Muhammad	5212756
Ithaca Medicine	Law, Adam	4415969
Radomir Stevanovic, MD	Stevanovic, Radomir	7304687
Pine Point Medical	MacQueen, Tess	4774328
Trumansburg Family Health Center	Blegen, Michelle	7983255
Trumansburg Family Health Center	Cooke, John	7497466
Trumansburg Family Health Center	Heetderks, Gerrit	5411928
Trumansburg Family Health Center	McCauley, Maura	7511206
Internal Medicine of Ithaca	Wattoo, Muhammad	5212756
Pediatric & Adolescent Medical Practices		
Buttermilk Falls Pediatrics	Casey, Jessica	7132359
Buttermilk Falls Pediatrics	Khorki, Mohamad Eyad	6285329
Buttermilk Falls Pediatrics	Shrivastava, Amitabh	4547589
Northeast Pediatrics and Adolescent Medicine	Akinyede, Oyinade	5311898
Northeast Pediatrics and Adolescent Medicine	DeSilva, Audrey	5677620
Northeast Pediatrics and Adolescent Medicine	Harris, Timothy	4803219
Northeast Pediatrics and Adolescent Medicine	Raffa, Brittany	7736982
Northeast Pediatrics and Adolescent Medicine	Snedeker, Jeffrey	4602871
Northeast Pediatrics and Adolescent Medicine	Tamborelle, Lindsay	5987821
Northeast Pediatrics and Adolescent Medicine	Torrado, Andrea	5615598

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
DEPENDENT LIVING OUT OF AREA	Enter: "None"	2222222

CORNELL HEALTH - STUDENT HEALTH SERVICES

IMPORTANT NOTE: Cornell Health Services will only take Cornell students as patients for this program. Only Cornell students are able to select a physician from Cornell Health Services as their PCP. This is not available to employees.

Adolescent Medical Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Cornell Health Services	Bullis, Kent	5983278
Cornell Health Services	Coppola, Devin	5538623
Cornell Health Services	Driesch, Mary	5166318
Cornell Health Services	Hamilton, Jada	5464837
Cornell Health Services	Hill, Kenneth	4287041
Cornell Health Services	Hurley, Margaret	4230406
Cornell Health Services	Jones, Anne	9840380
Cornell Health Services	Koppel, Edward	5735760
Cornell Health Services	Wentzel, David	4215474

OUTSIDE OF TOMPKINS COUNTY

Guthrie Clinics operate as one integrated clinic, regardless of location. Thus, the following Guthrie Clinic physicians will also accept patients under the Cornell Program for Healthy Living. If you live outside of Tompkins County or seek your medical care outside of the county, one of the Guthrie Clinic locations may be convenient for you.

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Guthrie Medical Group	Cassetta, Brian	4094900
Guthrie Medical Group	Choi, Mike	7983457
Guthrie Medical Group	Choi, Susan	4312176
Guthrie Medical Group	Corey, Mark	5740716
Guthrie Medical Group	Elsisi, Amr	7509202
Guthrie Medical Group	Fucito, Christopher	7804968
Guthrie Medical Group	Garcia, Carlos	5258775
Guthrie Medical Group	Hallinan, Kathleen	7543043
Guthrie Medical Group	Ho, Elizabeth	4253452
Guthrie Medical Group	Hodder, Heidi	9515214
Guthrie Medical Group	Ingerick, Brent	7418644
Guthrie Medical Group	Jones, Anne	9840380
Guthrie Medical Group	Khan, Rowshanul	5999092
Guthrie Medical Group	Lewis, Paulette	7060455
Guthrie Medical Group	Malavet, Angel	4673210
Guthrie Medical Group	Mauer, Mark	4531775
Guthrie Medical Group	Parken, Peter	4094901
Guthrie Medical Group	Perle, Kristine	5343542
Guthrie Medical Group	Phillips, Eric	4459192

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Guthrie Medical Group	Phykitt, Donald	4506654
Guthrie Medical Group	Prabhu, Sheela	7475584
Guthrie Medical Group	Sharma, Ram	5778620
Guthrie Medical Group	Sutton, Mala	4094407
Guthrie Medical Group	Terwilliger, Jerry	4083123
Guthrie Medical Group	Woglom, Russell	4259673