

Cornell University - Contract College Health Insurance Rates Effective 01/01/2019

CODE	PLAN	SERVICE AREA, ADDRESS AND TELEPHONE NUMBER	Annualized Salary \$45,887.00 or less				Annualized Salary \$45,887.00 or more					
			BIWEEKLY		SEMIMONTHLY		BIWEEKLY		SEMIMONTHLY			
			IND.	FAM.	IND.	FAM.	IND.	FAM.	IND.	FAM.		
<b>The Empire Plan</b> 877-7NYSHIP (877-769-7447) www.cs.ny.gov												
001	<b>Empire Blue Cross and Blue Shield</b> (Hospitalization) <b>United HealthCare</b> (Medical) <b>Beacon Health Options</b> (Mental Health/Substance Abuse) <b>CVS Caremark</b> (Prescription Drug)	NYS Service Center, PO Box 1407, Church Street Station, NY 10008-1407 Serving all Counties. PO Box 1600, Kingston, NY 12402-1600 Serving all Counties. PO Box 1800, Latham, NY 12110 Serving all Counties. PO Box 6590, Lee's Summit, MO 64064-6590 Serving all Counties.	\$ 43.71	\$ 192.68	\$ 47.35	\$ 208.74	\$ 58.29	\$ 229.33	\$ 63.15	\$ 248.44		
<b>Blue Choice</b> 165 Court Street, Rochester, NY 14647 800-499-1475 www.excellusbcbs.com												
066	Blue Choice	Serving Livingston, Monroe, Ontario, Seneca, Wayne and Yates Counties.	\$ 36.77	\$ 158.29	\$ 39.83	\$ 171.48	\$ 49.03	\$ 188.55	\$ 53.12	\$ 204.26		
<b>Empire Blue Cross Blue Shield HMO</b> 11 Corporate Woods Blvd., PO Box 11800, Albany, NY 12211-0800 800-453-0113 www.empireblue.com												
280	Upstate	Serving Albany, Clinton, Columbia, Delaware, Essex, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties.	\$ 84.78	\$ 292.28	\$ 91.85	\$ 316.64	\$ 99.65	\$ 331.03	\$ 107.95	\$ 358.62		
290	Downstate	Serving Bronx, Kings, Nassau, New York, Queens, Richmond, Rockland, Suffolk, and Westchester Counties.	\$ 224.02	\$ 658.03	\$ 242.69	\$ 712.87	\$ 239.20	\$ 697.61	\$ 259.13	\$ 755.74		
320	Mid-Hudson	Serving Dutchess, Orange, Putnam, Sullivan and Ulster Counties.	\$ 244.26	\$ 710.77	\$ 264.62	\$ 770.00	\$ 259.42	\$ 750.29	\$ 281.04	\$ 812.81		
<b>Capital District PHP</b> 500 Patroon Creek Blvd., Albany, NY 12206-1057 518-641-3700 or 800-777-2273 www.cdphp.com												
063	Capital	Serving Albany, Columbia, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties	\$ 40.64	\$ 173.05	\$ 44.03	\$ 187.47	\$ 54.19	\$ 206.21	\$ 58.71	\$ 223.39		
300	Central	Serving Broome, Chenango, Essex, Hamilton, Herkimer, Madison, Oneida, Otsego, and Tioga Counties	\$ 86.80	\$ 246.07	\$ 94.03	\$ 266.58	\$ 100.79	\$ 282.28	\$ 109.19	\$ 305.80		
310	Hudson Valley	Serving Delaware, Dutchess, Orange, and Ulster Counties	\$ 125.63	\$ 351.90	\$ 136.10	\$ 381.23	\$ 139.52	\$ 387.86	\$ 151.15	\$ 420.18		
<b>BlueCross BlueShield of Western NY</b> PO Box 80, Buffalo, NY 14240 716-887-8840 or 877-576-6440 www.bcbswny.com												
067	BlueCross BlueShield of Western NY	Serving Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming Counties.	\$ 38.24	\$ 164.10	\$ 41.43	\$ 177.78	\$ 50.98	\$ 195.49	\$ 55.23	\$ 211.78		
<b>HIP - Health Plan of New York</b> 55 Water St., New York, NY 10041 800-447-8255 emblemhealth.com												
050	Downstate	Serving Bronx, Kings, Nassau, New York, Queens, Richmond, Suffolk and Westchester Counties.	\$ 100.12	\$ 279.18	\$ 108.46	\$ 302.45	\$ 115.50	\$ 318.67	\$ 125.13	\$ 345.23		
220	Capital	Serving Albany, Columbia, Greene, Rensselaer, Saraoga, Schenectady, Warren and Washington Counties.	\$ 135.10	\$ 367.39	\$ 146.36	\$ 398.01	\$ 150.94	\$ 408.01	\$ 163.52	\$ 442.01		
350	Hudson Valley	Serving Delaware, Dutchess, Orange, Putnam, Sullivan and Ulster Counties.	\$ 135.10	\$ 367.39	\$ 146.36	\$ 398.01	\$ 150.94	\$ 408.01	\$ 163.52	\$ 442.01		
<b>HMOBlue Excellus BlueCross BlueShield</b> 333 Butternut Drive, Syracuse, NY 13214-1803 800-499-1275 www.excellusbcbs.com												
072	Central New York Region	Serving Broome, Cayuga, Chemung, Cortland, Onondaga, Oswego, Schuyler, Steuben, Tioga and Tompkins Counties.	\$ 40.76	\$ 170.56	\$ 44.16	\$ 184.77	\$ 54.35	\$ 203.38	\$ 58.88	\$ 220.33		
<b>HMOBlue Excellus BlueCross BlueShield</b> 12 Rhoads Drive, Utica, NY 13502 800-499-1275 www.excellusbcbs.com												
160	Utica Region	Serving Chenango, Clinton, Delaware, Essex, Franklin, Fulton, Hamilton, Herkimer, Jefferson, Lewis, Madison, Montgomery, Oneida, Otsego and St. Lawrence Counties.	\$ 109.07	\$ 342.56	\$ 118.16	\$ 371.11	\$ 122.95	\$ 378.48	\$ 133.20	\$ 410.02		
<b>Independent Health</b> 511 Farber Lakes Drive, Buffalo, NY 14221 800-501-3439 www.independenthealth.com												
059	Independent Health	Serving Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming Counties.	\$ 37.36	\$ 158.88	\$ 40.47	\$ 172.12	\$ 49.81	\$ 189.33	\$ 53.96	\$ 205.11		
<b>MVP Health Care</b> PO Box 2207, 625 State St., Schenectady, NY 12301-2207 888-MVP-MBRS (888-687-6277) www.mvphealthcare.com												
058	Rochester	Serving Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Steuben, Wayne, Wyoming and Yates Counties.	\$ 39.37	\$ 154.99	\$ 42.65	\$ 167.91	\$ 52.50	\$ 185.25	\$ 56.88	\$ 200.69		
060	East	Serving Albany, Columbia, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties.	\$ 40.17	\$ 158.07	\$ 43.52	\$ 171.24	\$ 53.57	\$ 188.94	\$ 58.03	\$ 204.69		
330	Central	Serving Broome, Cayuga, Chenango, Cortland, Delaware, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Otsego, Oswego, Tioga and Tompkins Counties.	\$ 71.11	\$ 181.98	\$ 77.04	\$ 197.15	\$ 85.23	\$ 217.43	\$ 92.33	\$ 235.55		
340	Mid-Hudson	Serving Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster and Westchester Counties.	\$ 76.90	\$ 182.05	\$ 83.31	\$ 197.22	\$ 90.49	\$ 217.13	\$ 98.03	\$ 235.22		
360	North	Serving Clinton, Essex, Franklin and St. Lawrence Counties.	\$ 137.54	\$ 328.97	\$ 149.00	\$ 356.38	\$ 152.25	\$ 366.49	\$ 164.94	\$ 397.03		