



Cornell University - Contract College Health Insurance Rates

Effective 01/01/2019

CODE	PLAN	SERVICE AREA, ADDRESS AND TELEPHONE NUMBER	Annualized Salary \$45,887.00 or less				Annualized Salary \$45,887.00 or more			
			BIWEEKLY		SEMIMONTHLY		BIWEEKLY		SEMIMONTHLY	
			IND.	FAM.	IND.	FAM.	IND.	FAM.	IND.	FAM.
<b>The Empire Plan</b> 877-7NYSHIP (877-769-7447) www.cs.ny.gov										
001	Empire Blue Cross and Blue Shield (Hospitalization) United HealthCare (Medical) Beacon Health Options (Mental Health/Substance Abuse) CVS Caremark (Prescription Drug)	NYS Service Center, PO Box 1407, Church Street Station, NY 10008-1407 Serving all Counties. PO Box 1600, Kingston, NY 12402-1600 Serving all Counties. PO Box 1800, Latham, NY 12110 Serving all Counties. PO Box 6590, Lee's Summit, MO 64064-6590 Serving all Counties.	\$ 43.71	\$ 192.68	\$ 47.35	\$ 208.74	\$ 58.29	\$ 229.33	\$ 63.15	\$ 248.44
<b>Blue Choice</b> 165 Court Street, Rochester, NY 14647 800-499-1475 www.excellusbcbcs.com										
066	Blue Choice	Serving Livingston, Monroe, Ontario, Seneca, Wayne and Yates Counties.	\$ 36.77	\$ 158.29	\$ 39.83	\$ 171.48	\$ 49.03	\$ 188.55	\$ 53.12	\$ 204.26
<b>Empire Blue Cross Blue Shield HMO</b> 11 Corporate Woods Blvd., PO Box 11800, Albany, NY 12211-0800 800-453-0113 www.empireblue.com										
280	Upstate	Serving Albany, Clinton, Columbia, Delaware, Essex, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties.	\$ 84.78	\$ 292.28	\$ 91.85	\$ 316.64	\$ 99.65	\$ 331.03	\$ 107.95	\$ 358.62
290	Downstate	Serving Bronx, Kings, Nassau, New York, Queens, Richmond, Rockland, Suffolk, and Westchester Counties.	\$ 224.02	\$ 658.03	\$ 242.69	\$ 712.87	\$ 239.20	\$ 697.61	\$ 259.13	\$ 755.74
320	Mid-Hudson	Serving Dutchess, Orange, Putnam, Sullivan and Ulster Counties.	\$ 244.26	\$ 710.77	\$ 264.62	\$ 770.00	\$ 259.42	\$ 750.29	\$ 281.04	\$ 812.81
<b>Capital District PHP</b> 500 Patroon Creek Blvd., Albany, NY 12206-1057 518-641-3700 or 800-777-2273 www.cdphp.com										
063	Capital	Serving Albany, Columbia, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties	\$ 40.64	\$ 173.05	\$ 44.03	\$ 187.47	\$ 54.19	\$ 206.21	\$ 58.71	\$ 223.39
300	Central	Serving Broome, Chenango, Essex, Hamilton, Herkimer, Madison, Oneida, Otsego, and Tioga Counties	\$ 86.80	\$ 246.07	\$ 94.03	\$ 266.58	\$ 100.79	\$ 282.28	\$ 109.19	\$ 305.80
310	Hudson Valley	Serving Delaware, Dutchess, Orange, Putnam, Sullivan and Ulster Counties	\$ 125.63	\$ 351.90	\$ 136.10	\$ 381.23	\$ 139.52	\$ 387.86	\$ 151.15	\$ 420.18
<b>BlueCross BlueShield of Western NY</b> PO Box 80, Buffalo, NY 14240 716-887-8840 or 877-576-6440 www.bcbswny.com										
067	BlueCross BlueShield of Western NY	Serving Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming Counties.	\$ 38.24	\$ 164.10	\$ 41.43	\$ 177.78	\$ 50.98	\$ 195.49	\$ 55.23	\$ 211.78
<b>HIP - Health Plan of New York</b> 55 Water St., New York, NY 10041 800-447-8255 emblemhealth.com										
050	Downstate	Serving Bronx, Kings, Nassau, New York, Queens, Richmond, Suffolk and Westchester Counties.	\$ 100.12	\$ 279.18	\$ 108.46	\$ 302.45	\$ 115.50	\$ 318.67	\$ 125.13	\$ 345.23
220	Capital	Serving Albany, Columbia, Greene, Rensselaer, Saraoga, Schenectady, Warren and Washington Counties.	\$ 135.10	\$ 367.39	\$ 146.36	\$ 398.01	\$ 150.94	\$ 408.01	\$ 163.52	\$ 442.01
350	Hudson Valley	Serving Delaware, Dutchess, Orange, Putnam, Sullivan and Ulster Counties.	\$ 135.10	\$ 367.39	\$ 146.36	\$ 398.01	\$ 150.94	\$ 408.01	\$ 163.52	\$ 442.01
<b>HMOBlue Excellus BlueCross BlueShield</b> 333 Butternut Drive, Syracuse, NY 13214-1803 800-499-1275 www.excellusbcbcs.com										
072	Central New York Region	Serving Broome, Cayuga, Chemung, Cortland, Onondaga, Oswego, Schuyler, Steuben, Tioga and Tompkins Counties.	\$ 40.76	\$ 170.56	\$ 44.16	\$ 184.77	\$ 54.35	\$ 203.38	\$ 58.88	\$ 220.33
<b>HMOBlue Excellus BlueCross BlueShield</b> 12 Rhoads Drive, Utica, NY 13502 800-499-1275 www.excellusbcbcs.com										
160	Utica Region	Serving Chenango, Clinton, Delaware, Essex, Franklin, Fulton, Hamilton, Herkimer, Jefferson, Lewis, Madison, Montgomery, Oneida, Otsego and St. Lawrence Counties.	\$ 109.07	\$ 342.56	\$ 118.16	\$ 371.11	\$ 122.95	\$ 378.48	\$ 133.20	\$ 410.02
<b>Independent Health</b> 511 Farber Lakes Drive, Buffalo, NY 14221 800-501-3439 www.independenthealth.com										
059	Independent Health	Serving Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming Counties.	\$ 37.36	\$ 158.88	\$ 40.47	\$ 172.12	\$ 49.81	\$ 189.33	\$ 53.96	\$ 205.11
<b>MVP Health Care</b> PO Box 2207, 625 State St., Schenectady, NY 12301-2207 888-MVP-MBRS (888-687-6277) www.mvphealthcare.com										
058	Rochester	Serving Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Steuben, Wayne, Wyoming and Yates Counties.	\$ 39.37	\$ 154.99	\$ 42.65	\$ 167.91	\$ 52.50	\$ 185.25	\$ 56.88	\$ 200.69
060	East	Serving Albany, Columbia, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties.	\$ 40.17	\$ 158.07	\$ 43.52	\$ 171.24	\$ 53.57	\$ 188.94	\$ 58.03	\$ 204.69
330	Central	Serving Broome, Cayuga, Chenango, Cortland, Delaware, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Otsego, Oswego, Tioga and Tompkins Counties.	\$ 71.11	\$ 181.98	\$ 77.04	\$ 197.15	\$ 85.23	\$ 217.43	\$ 92.33	\$ 235.55
340	Mid-Hudson	Serving Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster and Westchester Counties.	\$ 76.90	\$ 182.05	\$ 83.31	\$ 197.22	\$ 90.49	\$ 217.13	\$ 98.03	\$ 235.22
360	North	Serving Clinton, Essex, Franklin and St. Lawrence Counties.	\$ 137.54	\$ 328.97	\$ 149.00	\$ 356.38	\$ 152.25	\$ 366.49	\$ 164.94	\$ 397.03

Effective 06/01/2019

Annualized Salary \$45,887.00 or less				Annualized Salary \$45,887.00 or more			
BIWEEKLY		SEMIMONTHLY		BIWEEKLY		SEMIMONTHLY	
IND.	FAM.	IND.	FAM.	IND.	FAM.	IND.	FAM.
\$ 42.90	\$ 189.12	\$ 46.48	\$ 204.88	\$ 57.20	\$ 225.09	\$ 61.97	\$ 243.85
\$ 36.77	\$ 158.29	\$ 39.83	\$ 171.48	\$ 49.03	\$ 188.55	\$ 53.12	\$ 204.26
\$ 88.68	\$ 301.57	\$ 96.07	\$ 326.70	\$ 103.37	\$ 339.85	\$ 111.98	\$ 368.17
\$ 227.92	\$ 667.32	\$ 246.91	\$ 722.93	\$ 242.92	\$ 706.43	\$ 263.16	\$ 765.30
\$ 248.16	\$ 720.06	\$ 268.84	\$ 780.07	\$ 263.14	\$ 759.11	\$ 285.07	\$ 822.37
\$ 40.64	\$ 173.05	\$ 44.03	\$ 187.47	\$ 54.19	\$ 206.21	\$ 58.71	\$ 223.39
\$ 90.70	\$ 255.36	\$ 98.26	\$ 276.64	\$ 104.51	\$ 291.10	\$ 113.22	\$ 315.36
\$ 129.53	\$ 361.19	\$ 140.32	\$ 391.29	\$ 143.24	\$ 396.68	\$ 155.18	\$ 429.74
\$ 38.24	\$ 164.10	\$ 41.43	\$ 177.78	\$ 50.98	\$ 195.49	\$ 55.23	\$ 211.78
\$ 104.02	\$ 288.47	\$ 112.69	\$ 312.51	\$ 119.22	\$ 327.49	\$ 129.16	\$ 354.78
\$ 139.00	\$ 376.68	\$ 150.58	\$ 408.07	\$ 154.66	\$ 416.83	\$ 167.55	\$ 451.57
\$ 139.00	\$ 376.68	\$ 150.58	\$ 408.07	\$ 154.66	\$ 416.83	\$ 167.55	\$ 451.57
\$ 44.09	\$ 170.56	\$ 47.76	\$ 184.77	\$ 57.52	\$ 203.38	\$ 62.31	\$ 220.33
\$ 112.97	\$ 351.85	\$ 122.38	\$ 381.17	\$ 126.67	\$ 387.30	\$ 137.23	\$ 419.58
\$ 37.36	\$ 158.88	\$ 40.47	\$ 172.12	\$ 49.81	\$ 189.33	\$ 53.96	\$ 205.11
\$ 39.37	\$ 154.99	\$ 42.65	\$ 167.91	\$ 52.50	\$ 185.25	\$ 56.88	\$ 200.69
\$ 40.17	\$ 158.07	\$ 43.52	\$ 171.24	\$ 53.57	\$ 188.94	\$ 58.03	\$ 204.69
\$ 75.01	\$ 181.98	\$ 81.26	\$ 197.15	\$ 88.95	\$ 217.43	\$ 96.36	\$ 235.55
\$ 80.80	\$ 191.34	\$ 87.53	\$ 207.29	\$ 94.21	\$ 225.95	\$ 102.06	\$ 244.78
\$ 141.44	\$ 338.26	\$ 153.23	\$ 366.45	\$ 155.97	\$ 375.31	\$ 168.97	\$ 406.59