

Cornell University - Contract College Health Insurance Rates Effective 06/29/2023

CODE	PLAN	SERVICE AREA, ADDRESS AND TELEPHONE NUMBER	Annualized Salary \$49,670.00 or less				Annualized Salary \$49,670.00 or more			
			BIWEEKLY		SEMIMONTHLY		BIWEEKLY		SEMIMONTHLY	
			IND.	FAM.	IND.	FAM.	IND.	FAM.	IND.	FAM.
The Empire Plan		877-7NYSHIP (877-769-7447) www.cs.ny.gov								
001	Empire BlueCross (Hospitalization)	NYS Service Center, PO Box 1407, Church Street Station, NY 10008-1407 TTY: 800-241-6894 Serving all Counties.	\$ 54.51	\$ 235.13	\$ 59.05	\$ 254.72	\$ 72.68	\$ 280.06	\$ 78.74	\$ 303.40
	United HealthCare (Medical)	PO Box 1600, Kingston, NY 12402-1600 TTY: 888-697-9054 Serving all Counties.								
	Beacon Health Options (Mental Health/Substance Abuse)	PO Box 1850, Hicksville, NY 11802 TTY: 855-643-1476 Serving all Counties.								
	CVS Caremark (Prescription Drug)	PO Box 6590, Lee's Summit, MO 64064-6590 TTY: 711 Serving all Counties.								
Blue Choice		165 Court Street, Rochester, NY 14647 800-499-1275 TTY: 800-662-1220 www.excellusbcs.com								
066	Blue Choice	Serving Livingston, Monroe, Ontario, Seneca, Wayne and Yates counties.	\$ 43.18	\$ 184.91	\$ 46.78	\$ 200.32	\$ 57.57	\$ 220.30	\$ 62.37	\$ 238.66
Highmark Western NY		PO Box 80, Buffalo, NY 14240 877-576-6440 TTY: 711 www.highmark.com/member/nyship-bcbswny								
067	Highmark Western NY	Serving Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming counties.	\$ 45.32	\$ 193.72	\$ 49.10	\$ 209.86	\$ 60.43	\$ 230.82	\$ 65.47	\$ 250.06
Highmark Northeastern NY		PO Box 15013, Albany, NY 12212 800-888-1238 TTY: 711 www.highmark.com/member/nyship-blueshieldny								
069	Highmark Northeastern NY	Serving Albany, Columbia, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Warren and Washington counties.	\$ 49.52	\$ 212.45	\$ 53.65	\$ 230.15	\$ 66.03	\$ 253.10	\$ 71.53	\$ 274.19
CDPHP		500 Patroon Creek Blvd., Albany, NY 12206-1057 518-641-3700 or 800-777-2273 TTY: 711 www.cdphp.com/stateemployees								
063	Capital	Serving Albany, Columbia, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington counties.	\$ 48.42	\$ 205.35	\$ 52.46	\$ 222.46	\$ 64.56	\$ 244.74	\$ 69.94	\$ 265.14
300	Central	Serving Broome, Chenango, Clinton, Essex, Franklin, Hamilton, Herkimer, Jefferson, Lewis, Madison, Oneida, Otsego, St. Lawrence and Tioga counties.	\$ 48.29	\$ 203.99	\$ 52.31	\$ 220.99	\$ 64.38	\$ 243.15	\$ 69.75	\$ 263.41
310	Hudson Valley	Serving Delaware, Dutchess, Orange and Ulster counties.	\$ 67.57	\$ 216.58	\$ 73.20	\$ 234.63	\$ 83.79	\$ 258.21	\$ 90.77	\$ 279.73
Emblem Health		55 Water St., New York, NY 10041 800-447-8255 TTY: 888-447-4833 emblemhealth.com								
050	Downstate	Serving Bronx, Kings, Nassau, New York, Queens, Richmond, Suffolk and Westchester counties.	\$ 118.54	\$ 339.55	\$ 128.42	\$ 367.85	\$ 137.71	\$ 388.29	\$ 149.19	\$ 420.65
220	Capital	Serving Albany, Columbia, Greene, Rensselaer, Saratoga, Schenectady, Warren and Washington counties.	\$ 163.51	\$ 508.21	\$ 177.14	\$ 550.56	\$ 183.32	\$ 555.51	\$ 198.60	\$ 601.80
350	Hudson Valley	Serving Delaware, Dutchess, Orange, Putnam, Sullivan and Ulster counties.	\$ 184.12	\$ 483.70	\$ 199.46	\$ 524.01	\$ 200.25	\$ 524.99	\$ 216.94	\$ 568.74
HMOBlue		333 Butternut Drive, Syracuse, NY 13214-1803 800-499-1275 TTY: 800-662-1220 www.excellusbcs.com								
072	Central New York Region	Serving Broome, Cayuga, Chemung, Cortland, Onondaga, Oswego, Schuyler, Steuben, Tioga and Tompkins counties.	\$ 49.00	\$ 206.60	\$ 53.08	\$ 223.82	\$ 65.33	\$ 246.29	\$ 70.77	\$ 266.81
HMOBlue		12 Rhoads Drive, Utica, NY 13502 800-499-1275 TTY: 800-662-1220 www.excellusbcs.com								
160	Utica Region	Serving Chenango, Clinton, Delaware, Essex, Franklin, Fulton, Hamilton, Herkimer, Jefferson, Lewis, Madison, Montgomery, Oneida, Otsego and St. Lawrence counties.	\$ 51.10	\$ 227.97	\$ 55.36	\$ 246.97	\$ 68.13	\$ 271.20	\$ 73.81	\$ 293.80
Independent Health		511 Farber Lakes Drive, Buffalo, NY 14221 800-501-3439 TTY: 716-631-3108 www.independenthealth.com								
059	Independent Health	Serving Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming counties.	\$ 44.90	\$ 190.19	\$ 48.64	\$ 206.04	\$ 59.86	\$ 226.68	\$ 64.85	\$ 245.57
MVP Health Care		PO Box 2207, 625 State St., Schenectady, NY 12301-2207 888-MVP-MBRS (888-687-6277) TTY: 800-662-1220 www.mvphealthcare.com								
058	Rochester	Serving Chemung, Genesee, Livingston, Monroe, Ontario, Orleans, Schuyler, Seneca, Steuben, Wayne, Wyoming and Yates counties.	\$ 45.20	\$ 177.18	\$ 48.97	\$ 191.95	\$ 60.26	\$ 211.79	\$ 65.28	\$ 229.44
060	East	Serving Albany, Columbia, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington counties.	\$ 46.99	\$ 184.44	\$ 50.91	\$ 199.81	\$ 62.66	\$ 220.46	\$ 67.88	\$ 238.83
330	Central	Serving Broome, Cayuga, Chenango, Cortland, Delaware, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, Otsego, Tioga and Tompkins counties.	\$ 56.36	\$ 206.63	\$ 61.06	\$ 223.85	\$ 73.70	\$ 246.97	\$ 79.84	\$ 267.55
340	Mid-Hudson	Serving Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster and Westchester counties.	\$ 62.18	\$ 208.59	\$ 67.36	\$ 225.97	\$ 79.34	\$ 249.27	\$ 85.95	\$ 270.04
360	North	Serving Clinton, Essex, Franklin and St. Lawrence counties.	\$ 48.69	\$ 191.26	\$ 52.75	\$ 207.20	\$ 64.92	\$ 228.61	\$ 70.33	\$ 247.66