

# TOOLKIT

2023



Cornell University Division Human

Division of Human Resources



Nearly 1 in 2 of our Cornell colleagues indicated loneliness was a source of stress in their life on the 2022 Cornell Employee Survey. As a post-pandemic workforce, we face unique challenges that require a unique solution. One of those solutions is Cornell CoworkerCoffee.

This toolkit has materials to promote and explain the CoworkerCoffee.com platform.

It includes customizable email messages to consider using:

- A message from the HR Director or College/Unit Leader to Managers
- A message from the HR Director or College/Unit Leader to their College/Unit
- An invitation to employees
- A flyer with QR code to promote Cornell CoworkerCoffee.com

Cornell CoworkerCoffee is a platform that facilitates connections between employees. Once someone signs up, it randomly matches them with a new person each month from other departments and colleges across Cornell. Matched employees can then arrange a mutually convenient time for a 15-30 minute chat. CoworkerCoffee provides some fun icebreaker questions to get them started. If someone can't make their chat for the month – no problem. They can just decline, and connect with the next colleague the following month.



## Message from College/Unit Leader or HR Director to Managers for Cornell Coworker Coffee Subject: HELP YOUR TEAM CONNECT WITH THE UNIVERSITY PURPOSE

Did you know that nearly 1 in 2 of our Cornell colleagues indicated loneliness was a source of stress in their life on the 2022 Cornell Employee Survey? As a post-pandemic workforce, we face unique challenges that require a unique solution. One of those solutions is Cornell CoworkerCoffee.

Cornell CoworkerCoffee is a platform that facilitates connections between employees who optin to participate. Once someone signs up, it randomly matches them with a new person each month from other departments and colleges across Cornell. Matched employees can then arrange a mutually convenient time for a 15-30 minute chat. CoworkerCoffee provides some fun icebreaker questions to get them started. If someone can't make their chat for the month – no problem. They can just decline, and connect with the next CoworkerCoffee colleague the following month.

As a people leader and a key contributor to our community's sense of belonging, I would personally like to invite you to participate in this new program. By connecting with a new colleague each month, you will (1) learn more about areas beyond (department/unit); (2) discover new talent, collaborations, and opportunities; (3) foster engagement with colleagues from across the university. Can I count on you to sign up by (May 7, 2023)?

Sign Up Today!



# **Message from Leader to College/Unit** Subject: CONNECT TO THE UNIVERSITY'S PURPOSE THROUGH PEOPLE

Did you know that nearly 1 in 2 of our Cornell colleagues indicated loneliness was a source of stress in their life on the 2022 Cornell Employee Survey? As a post-pandemic workforce, we face unique challenges that require a unique solution. One of those solutions is Cornell CoworkerCoffee.

Cornell CoworkerCoffee is a platform that supports the connection between employees who opt-in to participate. It randomly matches them with other colleagues from various departments and colleges for one-on-one meetings for up to 30 minutes once per month. Then you can arrange a mutually convenient time. If you can't make it – No problem. Just decline and connect with the next employee the following month.

I am signing up! I also encourage you to participate and meet people across campus. This is a simple opportunity for us to increase a sense of belonging and strengthen a connection to the university's core <u>values</u>.

Together, we will: (1) Learn about areas beyond (our college/unit); (2) Discover new collaborations and opportunities; and (3) Foster engagement with colleagues from across the university.

People are a significant part of our university's purpose. This is a great way for us to connect to that purpose by meeting the people upholding the mission every day in various ways.

Join me and Sign Up Today!



### Invitation to Employees Subject: GROW YOUR NETWORK & FIND COMMUNITY

Did you know that nearly 1 in 2 of our Cornell colleagues indicated loneliness was a source of stress in their life on the 2022 Cornell Employee Survey? As a post-pandemic workforce, we face unique challenges that require a unique solution. One of those solutions is Cornell CoworkerCoffee.

Cornell CoworkerCoffee is a new platform designed to support your connection with other employees. If you sign up, once a month you will be randomly matched with a new Cornell colleague. It will be up to the two of you to set-up a time and CoworkerCoffee will provide you with some fun icebreaker questions you can use to get started. "Virtual Coffee" typically lasts about 15-30 minutes.

This is a great way to grow your network. You'll be:

- Learning about areas beyond your college/unit
- Discovering new connections and opportunities
- Engaging with colleagues from across the university

If you need to take a month off, you can just skip scheduling a meeting with your match for the month and start again with your new match the following month. To give it a try:

### Sign Up Here!





There's a fun new way to meet fellow Cornell employees all across the university!

Sign up with Cornell Coworker Coffee to be introduced to a random employee every month for a brief virtual coffee chat.

Get connected, make new friends, and learn about different areas of Cornell!

Learn more!

hr.cornell.edu/coffee

Working at Cornell PURSUE EXCELLENCE. DISCOVER SUCCESS.