

## Cornell Program for Healthy Living (CPHL) Directory of Primary Care Physicians

This is a listing of Primary Care Physicians (PCP) who have elected to join the **Cornell Program for Healthy Living**. If you wish to receive the Enhanced Wellness Exam, please be sure to select one of these physicians for your PCP. In addition, each family member you cover under this health insurance program must also pick a PCP from this list if they wish to receive an Enhanced Wellness Exam.

Please carefully type in the PCP’s name and Aetna PCP Provider Number on the Workday panel to continue registering for the **Cornell Program for Healthy Living**.

If you and/or your dependents do not wish to receive the Enhanced Wellness Exam, you do not need to select a PCP. By not selecting a PCP, you and/or your dependents will still be able to receive a **routine physical exam**. Please refer to the [CPHL website](#) for more information.

### TOMPKINS COUNTY

	Participating Primary Care Physician	Aetna PCP Provider Number
<b>Family Medicine Practices</b>		
Primary Care Internal Medicine of Ithaca	<a href="#">Costello, Ann</a>	<a href="#">4217986</a>
Primary Care Internal Medicine of Ithaca	<a href="#">Jander, Lucia</a>	<a href="#">7260773</a>
Cayuga Family Medicine	<a href="#">Horst, Eliza</a>	<a href="#">4754118</a>
Cayuga Family Medicine	<a href="#">Karnow, Alexandra</a>	<a href="#">5875799</a>
Cayuga Family Medicine	<a href="#">Loehr, James</a>	<a href="#">7353050</a>
Cayuga Family Medicine	<a href="#">Wineholt, Sarah</a>	<a href="#">6129310</a>
Cayuga Medical Associates	<a href="#">Aponte, Maya L.</a>	<a href="#">7097760</a>
Cayuga Medical Associates	<a href="#">Berlin, Carol</a>	<a href="#">4759678</a>
Cayuga Medical Associates	<a href="#">Breiman, Robert</a>	<a href="#">4215839</a>
Cayuga Medical Associates	<a href="#">Cheng, ZIJin (Jasmine)</a>	<a href="#">6608405</a>
Cayuga Medical Associates	<a href="#">Cotton, Elisabeth</a>	<a href="#">5260534</a>
Cayuga Medical Associates	<a href="#">Darlow, Lloyd</a>	<a href="#">4638406</a>
Cayuga Medical Associates	<a href="#">Donovan, Samuel</a>	<a href="#">6868621</a>
Cayuga Medical Associates	<a href="#">Ejaz, Kanwal</a>	<a href="#">4355398</a>
Cayuga Medical Associates	<a href="#">Hassan, Humaira</a>	<a href="#">9376423</a>
Cayuga Medical Associates	<a href="#">Margie, Walter</a>	<a href="#">4118052</a>
Cayuga Medical Associates	<a href="#">Midura, Alan</a>	<a href="#">4495790</a>
Cayuga Medical Associates	<a href="#">Salomon, Adrienne L.</a>	<a href="#">7752897</a>
Cayuga Medical Associates	<a href="#">Thananart, Sandra</a>	<a href="#">7783886</a>
Cayuga Medical Associates	<a href="#">Ziegler, Sharon</a>	<a href="#">5363216</a>

	<b>Participating Primary Care Physician</b>	<b>Aetna PCP Provider Number</b>
<b>Family Medicine Practices</b>		
Dryden Family Medicine	Pierre, Donna	6060891
Dryden Family Medicine	Silcoff, Howard	5298599
Dryden Family Medicine	Sopchak, Mason	9182960
Guthrie Medical Group	Crepet, Ruth	4253450
Guthrie Medical Group	Estill, Matthew	5984192
Guthrie Medical Group	Galyanova, Valentina	5802751
Guthrie Medical Group	Kuntz, Bruce	7088329
Guthrie Medical Group	Skezas, Jacob	4094395
Internal Medicine of Ithaca	Wattoo, Muhammad	5212756
Radomir Stevanovic, MD	O'Shae, Marne	7036535
Radomir Stevanovic, MD	Stevanovic, Radomir	7304687
<b>Pediatric &amp; Adolescent Medical Practices</b>		
Buttermilk Falls Pediatrics	Shrivastava, Amitabh	4547589
Northeast Pediatrics and Adolescent Medicine	Akinyede, Oyinade	5311898
Northeast Pediatrics and Adolescent Medicine	Austin-Appleton, Meredith	6906303
Northeast Pediatrics and Adolescent Medicine	DeSilva, Audrey	5677620
Northeast Pediatrics and Adolescent Medicine	Harris, Timothy	4803219
Northeast Pediatrics and Adolescent Medicine	Katz, Jamie	6677258
Northeast Pediatrics and Adolescent Medicine	Tamborelle, Lindsay	5987821
Northeast Pediatrics and Adolescent Medicine	Torrado, Andrea	5615598
Trumansburg Family Health Center	Blegen, Michelle	7983255
Trumansburg Family Health Center	Cooke, John	7497466
Trumansburg Family Health Center	Heetderks, Gerrit	5411928
Trumansburg Family Health Center	Vlahoa, Karren	6355206
Well-Being Pediatrics	Casey, Jessica	7132359
Well-Being Pediatrics	Khorki, Mohamad Eyad	6285329
Well-Being Pediatrics	Kischnick, Daniel	5515868
<b>Family Medicine Practices</b>		
DEPENDENT LIVING OUT OF AREA	Enter: "None"	2222222

## CORNELL HEALTH - STUDENT HEALTH SERVICES

**IMPORTANT NOTE:** Cornell Health Services will only take Cornell students as patients for this program. Only Cornell students are able to select a physician from Cornell Health Services as their PCP. This is not available to employees.

Adolescent Medical Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Cornell Health Services	Bullis, Kent	5983278
Cornell Health Services	Coppola, Devin	5538623
Cornell Health Services	Decker, Francesca	5843834
Cornell Health Services	Hamilton, Jada	5464837
Cornell Health Services	Hill, Kenneth	4287041
Cornell Health Services	Hurley, Margaret	4230406
Cornell Health Services	Kaur, Gurpreet	6810463
Cornell Health Services	Koppel, Edward	5735760
Cornell Health Services	Wentzel, David	4215474

## OUTSIDE OF TOMPKINS COUNTY

Guthrie Clinics operate as one integrated clinic, regardless of location. Thus, the following Guthrie Clinic physicians will also accept patients under the Cornell Program for Healthy Living. If you live outside of Tompkins County or seek your medical care outside of the county, one of the Guthrie Clinic locations may be convenient for you.

Family Medicine Practices	Participating Primary Care Physician	Aetna PCP Provider Number
Guthrie Medical Group	Cassetta, Brian	4094900
Guthrie Medical Group	Choi, Mike	7983457
Guthrie Medical Group	Choi, Susan	4312176
Guthrie Medical Group	Corey, Mark	5740716
Guthrie Medical Group	Elsisi, Amr	7509202
Guthrie Medical Group	Fucito, Christopher	7804968
Guthrie Medical Group	Garcia, Carlos	5258775
Guthrie Medical Group	Jones, Anne	9840380
Guthrie Medical Group	Hallinan, Kathleen	7543043
Guthrie Medical Group	Ho, Elizabeth	4253452
Guthrie Medical Group	Hodder, Heidi	9515214
Guthrie Medical Group	Ingerick, Brent	7418644
Guthrie Medical Group	Lewis, Paulette	7060455
Guthrie Medical Group	Malavet, Angel	4673210
Guthrie Medical Group	Mauer, Mark	4531775
Guthrie Medical Group	Parken, Peter	4094901
Guthrie Medical Group	Perle, Kristine	5343542
Guthrie Medical Group	Phillips, Eric	4459192
Guthrie Medical Group	Phykitt, Donald	4506654
Guthrie Medical Group	Prabhu, Sheela	7475584
Guthrie Medical Group	Sharma, Ram	5778620
Guthrie Medical Group	Sutton, Mala	4094407
Guthrie Medical Group	Woglom, Russell	4259673

<b>Pediatric &amp; Adolescent Practices</b>		
Guthrie Medical Group	Khan, Rowshanul	5999092
Guthrie Medical Group	Manimegalan, Deepa	6607063
Guthrie Medical Group	Nichols, Tina	9882370
Guthrie Medical Group	Sobel, Kenneth	5083753
Guthrie Medical Group	White, Amy	5155751
Guthrie Medical Group	Worley, Andrea	4902494