

Coverage for Breastfeeding Counseling & Supplies FAQ

FOR AETNA CPHL, WCM-PPO, AND HDHP HSA PLANS



One of the provisions of the Affordable Care Act that has been incorporated into the benefits provided by Aetna in the Cornell Program for Healthy Living (CPHL), WCM-PPO and HDHP HSA is coverage for lactation consultants, breast pumps and supplies. Because of the evidence about the long-term health benefits of breastfeeding for infants, these are treated as preventive and, when purchased through in-network providers, will be paid at 100% with no copay. If you elect an out-of-network provider, this will be covered at 80% after the deductible for CPHL and HDHP HSA and 70% after the deductible for WCM-PPO, subject to the 'reasonable and customary' limits.

Cornell's HR Services & Transitions Center created this Q&A to answer some questions about these benefits but if you have questions, do not hesitate to contact Aetna member services at 877-371-2007 or Cornell HR Services & Transitions Center at 607-255-3936.

Lactation Consultants

HOW MANY VISITS ARE COVERED?

Six consultations are covered per 12 month period. This is a combined maximum for in-network and out-of-network care.

HOW DO I FIND AN IN-NETWORK LACTATION CONSULTANT?

Log-in to www.aetna.com – Find Care & Pricing and Type: Lactation Consultants in the search field **or** Go to the Aetna specific Find a Provider website for Cornell: <http://www.aetna.com/Aetna's Provider Search/custom/cornell/>

- Select the geographic location you find convenient
- Plan is: select your plan (CPHL, HDHP HSA or WCM-PPO)
- Under "What do you want to search for near Zip Code" - Type: Lactation Consultants
- Click Start Search.

WHAT CAN I DO IF I CANNOT FIND AN IN-NETWORK LACTATION CONSULTANT?

In the event there are no in-network providers in Aetna's Provider Search within a reasonable distance, you can ask for a network deficiency approval with Aetna's precertification department and your claim for an out-of-network licensed lactation consultant may be covered at the in-network benefit level.

There are many participating hospitals which employ lactation consultants. Since they are based in the hospital, you will not find these providers listed in Aetna's Provider Search as independent lactation consultants. Please contact your local in-network hospital for availability. As long as the in-network hospital bills this visit as lactation consultation, Aetna will cover the claim at 100% with no copay.

You may also be able to find a lactation consultant through your obstetrician's office or through your pediatrician's office. Aetna recognizes certification by the International Board of Lactation Consultant Examiners (IBLCE).

Breast Pumps & Breast Pump Supplies

DOES THE PLAN COVER ELECTRIC BREAST PUMPS OR JUST MANUAL?

A manual or an electric breast pump is considered medically necessary and limited to one pump every 12-months. To qualify for coverage a member must have on file with Aetna: a claim with a pregnancy diagnosis, delivery claim, lactation claim. Pumps and supplies are available to adoptive mothers when they provide written or verbal confirmation of the adoption.

CAN I PURCHASE ANY BREAST PUMP THAT I WANT?

Only manual and high quality electric breast pumps provided by an in-network Durable Medical Equipment provider will be covered at 100%. Each in-network provider may have different options available for you.

WHERE CAN I FIND IN-NETWORK SUPPLIERS TO PURCHASE MY BREAST PUMP?

Aetna has contracted with several national Durable Medical Equipment providers that offer breast pumps and supplies. You can search for these providers using Aetna's Provider Search. Use the same search as under the lactation consultants above, Searching for "Durable Medical Equipment – National". Next, click on "DME National Provider Listing" which will provide a PDF list of the contracted provider and the type of equipment. You can easily search on the document for "breast pumps". You can also call Aetna Member Services at 877-371-2007 for assistance.

CAN I RENT A BREAST PUMP FROM MY HOSPITAL?

While you are in the hospital, yes. However, once the infant leaves the hospital, the heavy duty hospital grade breast pump is no longer considered medically necessary and the breast pumps listed above are the available electric options.

WHAT IF MY BREAST PUMP IS BROKEN?

The plans cover repair/replacement for Aetna approved original purchases:

- Repair and maintenance of a breast pump if either:
 - Member has another baby
 - Member's pump breaks
- Replacement of the 1st electric breast pump if it breaks and is out of warranty

WHAT IF I HAVE ANOTHER CHILD?

A replacement manual or standard electrical breast pump/supplies is considered medically necessary for each subsequent pregnancy (limited to one pump/12-months). Both manual and standard electric pumps are subject to the same frequency guidelines.

What resources does Cornell provide?

Cornell University provides resources and support to breastfeeding mothers in the workplace. For information on designated spaces for the purpose of pumping/expressing breast milk, time away from work for the purpose of pumping/expressing breast milk, breastfeeding education, or other breastfeeding concerns, [visit the HR website](#), contact Work/Life at (607) 255-5298, or email worklife@cornell.edu.