

Guide to Transition & Job Search Resources

Ithaca is a beautiful and vibrant community with much to explore on campus and in the region. From arts and culture, the nearby lake, natural waterfalls and gorges, state parks and our Ithaca Commons, there is something for everyone to see and do. Cornell University provides a wide variety of services designed to welcome and support your transition to Ithaca and the surrounding area. This guide is an introduction to some of the community and job search resources available to get you started.

Job Search Resources

The websites below offer resources for spouses or partners seeking work at Cornell and in the Ithaca area.

Cornell Careers

An overview of useful information for job seekers at Cornell, including available jobs, how to apply online, helpful tips, and the application process.

<https://hr.cornell.edu/jobs>

Conducting a Job Search in the Ithaca area

Comprehensive listing of support available to job-seekers, including Cornell resources, community resources, local and regional employers, job posting sites, job search preparation, career exploration sites, and general regional information.

<https://hr.cornell.edu/jobs/relocating/job-search-resources>

Upstate NY Higher Education Recruitment Consortium (HERC)

The largest higher education job board in the upstate region, listing all open faculty, staff, and executive positions at 17 colleges and universities.

www.hercjobs.org/upstate_ny

Tompkins Workforce NY

Employment-related services for businesses, workers, and jobseekers in Tompkins County.

www.tompkinscountyny.gov/wfny

Cornell & Ithaca Resources

Work/Life Services

A number of programs and consultation services centered around parenting, eldercare, self-care, and flexible work. Additional support services are available such as the Faculty Dependent Care Travel Fund, Family Helper List, Lactation Support Program, and caregiving newsletters.

Contact: wellbeing@cornell.edu, (607) 255-5298,

<https://hr.cornell.edu/wellbeing-perks>

Faculty and Staff Assistance Program

FSAP's professional staff offers free and confidential guidance and support to benefits-eligible employees and their partners to address issues that may be affecting their personal lives and/or job satisfaction or performance.

www.fsap.cornell.edu/, (607) 255-2673

Wellness

Wellness programs are available to assist with your healthy lifestyle and enhance your quality of life including fitness center access, group exercise classes, lectures and support groups, health screenings and nutrition consultation.

wellness@cornell.edu, www.wellness.cornell.edu

Immigration Services

International faculty and staff must come to the International Students and Scholars Office with required immigration documents to complete necessary paperwork. Information about housing, transportation, and obtaining a social security number is also available.

www.isso.cornell.edu

Making Connections at Cornell and Ithaca

Get involved! News, volunteering, networking, campus, and community connections.

<https://hr.cornell.edu/our-culture-diversity/get-involved>

Places to Visit on Campus

Explore Cornell's wealth of hidden gems, including Minns Garden, Fuertes Observatory, and the Wilder Brain Collection.

www.hr.cornell.edu/ites/default/files/places_campus.pdf

Cornell Community

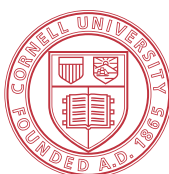
Resources to keep you informed and in touch with the diverse communities at Cornell University.

<https://diversity.cornell.edu>

Visit Ithaca: Official Site for Ithaca, NY & Tompkins County

Parks, Perfect Places to Stay, Visitor Center, Art, Music, History and more.

www.visitithaca.com



Cornell University