



Aging & Intergenerational Programs

Cornell International Friendship Program

The Cornell International Friendship Program, sponsored by the Cornell International Students and Scholars Office (ISSO), matches local residents with international students and scholars for the purpose of friendship and cultural exchange. Local participants serve as a resource for international students and scholars who are seeking additional support as they adapt to a new environment. Support may include assisting with questions about American culture and the Ithaca community or simply providing friendship and a sense of belonging to a newcomer. Activities could include a special dinner, a trip to the Farmers Market, hiking at one of the waterfalls, picking blueberries, etc. Local participants in this program do **not** provide housing for international students or scholars.

Local participants learn as much from the students as the students learn from them. Lifelong friendships are often formed. [More information](#), or call 607 255 5243.

Other Intergenerational Programs:

- [Cornell Retirees Volunteering in Schools \(CRVIS\)](#)
- [Cornell Institute for Translational Research on Aging](#)
- [The Legacy Project](#)
- [Project Generations](#)

Community Resources

- [Tompkins County Office for the Aging](#)
- [Lifelong](#)
- [Ithaca Age-Friendly Communities](#)
- [Love Living at Home](#)

Other sites of interest

- [AARP](#)
 - [American Society on Aging \(ASA\)](#)
 - [U.S. government resources for retired citizens](#)
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