



Birth or Adoption

If you are having a baby, adopting, or becoming a legal guardian you'll need to update your benefits within a prescribed length of time. Read the Benefit Aids below for details, and [contact Benefit Services](#) at 607-255-3936 with any questions.

Benefits Checklist

- Review the pertinent Benefit Aid:
 - [Birth of a Child – Endowed](#) (pdf)
 - [Adoption – Endowed](#) (pdf)
 - [Birth of a Child – Contract College](#) (pdf)
 - [Adoption – Contract College](#) (pdf)
- Review your benefits options: [Endowed](#) or [Contract College](#)
- The following changes can be made via [Workday](#): Update your W-4 tax elections for Federal, State, and local withholding
- Change your beneficiary information; [contact vendors](#) directly
- Questions? [Contact Benefit Services](#) at 607-255-3936

Resources

- Cornell offers a [childcare grant](#) to help families with household incomes less than \$150,000 pay for childcare expenses.
 - Schedule a meeting with Cornell's [Work/Life consultant](#) to discuss your child care options.
 - The [Adoption Assistance Program](#) reimburses qualified employees adoption expenses up to \$5,000 per adoption.
 - The [Cornell Program for Healthy Living](#), [New York State Insurance Plans \(NYSHIP\)](#), and [student health insurance](#) program provide various forms of breast pump and consultation coverage. Learn more about insured [lactation support](#) (pdf).
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