Occupational Wellbeing

Resources to help you experience intellectual stimulation and career fulfillment while effectively managing your personal life goals.

[tabs]

Career
Job Opportunities

- Keep an eye out for [new job opportunities](#) at Cornell in Workday!
- Participate in an [Experiential Development Opportunity](#) (EDO)

Career Planning

- **Career Development Tools**
  - Explore [Career Navigator](#) to discover pathways to advance your career at Cornell
  - [Resume tools](#) through Optimal Resume

Flexible Work

[Flexible work arrangements](#) may be used to support personal/professional life goals when position responsibilities and department needs are still met
Workday Talent Marketplace

Posted in Workday, “Gigs” are short-term, defined projects available to Cornell employees that support on the job experiences. Gigs are a great way to energize your career and expand your skills!
hr.cornell.edu/workday_marketplace

Development

Professional Development

- Learn about Cornell’s Skills for Success
- Cornell’s performance management process
- Mentoring and networking at Cornell
- Resources for leaders

Training

- Find training opportunities to develop your skillset, grow your career and learn to lead more effectively
Education

- Search and enroll in Cornell professional development classes at [CULearn](https://www.cul.edu)
- **Education benefits** available to employees:
  - Continuing Education
  - Employee Degree Program
  - Part-time Study
  - Tuition Aid
  - Community Learning and Service Partnership
- **eCornell**: written by Cornell University faculty, eCornell offers online courses and certificates at a discounted rate of $100 each to Cornell employees.

Involvement Opportunities

- There are many ways to participate in Cornell’s shared governance structure, including the [Employee Assembly](https://www.cornell.edu/employeeassembly), the [Faculty Senate](https://www.cornell.edu/facultysenate), [University Assembly](https://www.cornell.edu/universityassembly), or another campus committee
- Advise a [Registered Student Organization](https://www.studentorgs.cornell.edu) at Cornell to engage with students

Celebrating Achievements
Appreciation Portal

Supervisors and colleagues can use the Cornell Appreciation Portal to send kudos in real-time! Supervisors can also recognize their staff periodically with small tokens of appreciation in the form of points that can be redeemed through the Cornell Store or Amazon.

Awards

Employees who go above and beyond in their work may be nominated for a variety of awards, including:

- President's Awards for Employee Excellence
- Constance E. Cook and Alice H. Cook Awards
- Staff Kudos
- Faculty Awards and Recognition
- George Peter Award for Dedicated Service
- Opperman Award for Staff Advocacy
- Partners in Sustainability Awards
Retirement

Pre-Retirement Planning

Phased Retirement Program

Cornell Retirees Website

Cornell Retirees Association keeps your professional connection to Cornell vibrant and offers many activities and events