Environmental Wellbeing

Resources to help you make an impact on the quality of your work and home environments, community, and the world where we all live.

[tabs]

Actions To Make A Difference

ACTIONS TO MAKE A DIFFERENCE

Connect: Stay informed about campus sustainability events and initiatives

Sustainability Programs:

- Use ReUse Programs at work and home
- Learn how to recycle and compost properly at Cornell
- Participate in Cornell's Annual Waste Reduction Competition, Recyclemania!
- View the Campus Sustainability Map to locate water bottle refill stations, bikes, electric car charging stations and more

Get Involved:

- Host remote/virtual meetings and events using Zoom and other Cornell tools to save a trip
- Join a President's Sustainable Campus Committee
- Become a Cornell Green Ambassador and help Green Your Office
- Green Your Campus Event or your Laboratory
- Nominate a Staff Sustainability Champion
- Schedule or attend a Hortus Forum Agriculture Club plant sale or education program
- Lend at hand at the Dilmun Hill Student Farm or enroll in their CSA Program
- Save money by living green

Environmental Resources

Commuter Services offered by Transportation Services

Nervous to make the jump from single-passenger vehicle use? Emergency rides home are available to commuters, as are one-day family care parking passes

Sustainable Transportation options

- Big Red Bike Share Program
- Campus to Campus Bus
- Ithaca Car Share
- ZimRide Ridematching Services
- Way2Go Transportation Education Program

Cornell Sustainable Campus Resources

Cornell Botanic Gardens offers beautiful walking paths, educational programs, classes, and more

NatureRx @Cornell - This growing movement is based on the premise of that time spent in nature is therapeutic and contributes to personal wellbeing. Explore Cornell's beautiful natural areas!

Cornell Cooperative Extension offers educational programming and services to support sustainability and environmental wellbeing. Visit your county information at:

- Tompkins County
- Schuyler County
- Cortland County
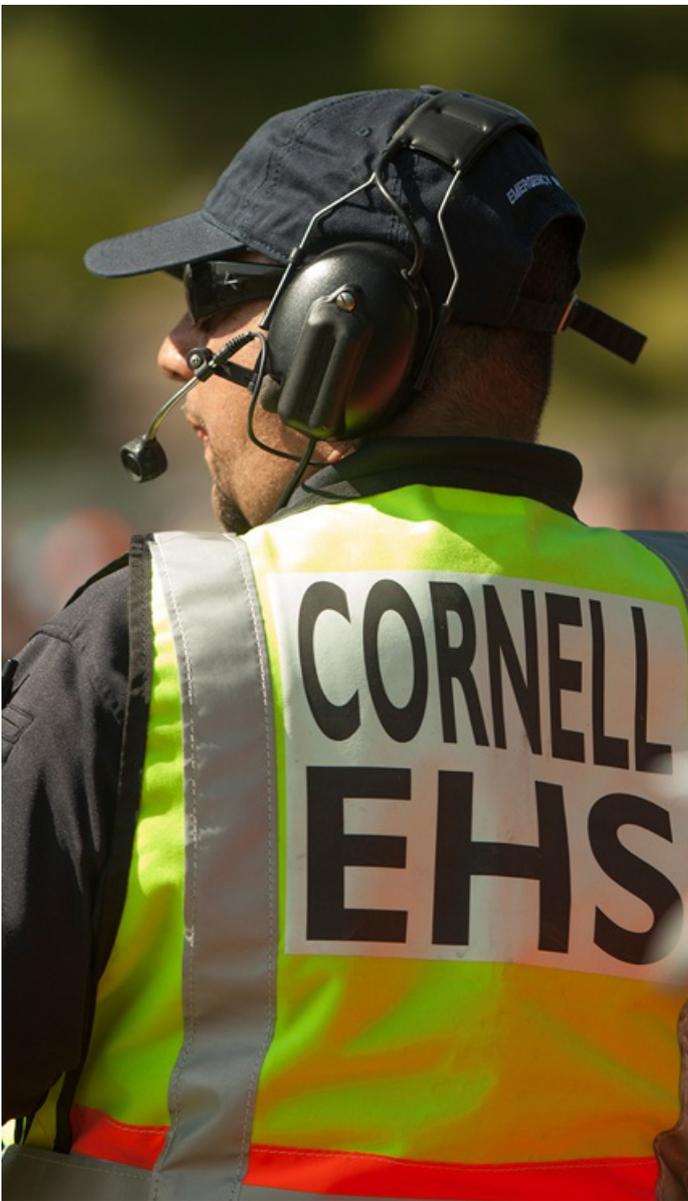- Cayuga County
- Seneca County
- Chemung County
- Tioga County

Flexible work arrangements like remote work and compressed schedules reduce carbon emissions and save on gas costs

Environmental Health and Safety

- Take care of your reproductive health when you are at work

Cornell Wellness offers environmentally-conscious cooking demos and events

Work Environment

Environmental Health and Safety (EHS) EHS is dedicated to preserving the health, safety, and environment of the Cornell community. Offers programs and services to maintain safe learning, working, and living environments. sp.ehs.cornell.edu

Flexibility in the Workplace - Flexible work arrangements, such as remote work and compressed schedules, can reduce an individual's carbon footprint and support the university's sustainability goals. Cornell encourages a culture of flexibility that is aligned to department and individual needs. Consultations available.

Virtual Meeting Options and Resources Zoom is a web and video conferencing service that provides the ability to have virtual meetings and host and participate in webinars. Featuring polling, breakout rooms, and a wide variety of audio options, Zoom is provided free of charge to all employees. it.cornell.edu/zoom

Staff Sustainability Champions Champions exemplify Cornell's commitment to sustainability by showing leadership or initiative to catalyze sustainable change with actions big and small. Any staff member, at any level of the university, can be nominated and recognized.

[/tabs]