



Financial Wellbeing



Resources to help you manage personal finances to reduce stress and build security.

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Employee Benefits



EMPLOYEE BENEFITS

Flexible Spending Accounts

[Flexible Spending Accounts](#) for health and dependent care

Saving

[Retirement plans](#) – vendors offer online webinars/guides and TIAA and Fidelity plan representatives are available on campus for individual consultations by appointment

[New York 529 College Savings Program](#)

Insurance

- [Home, Auto, and Pet insurance](#)
- [Life Insurance](#)
- [Long Term Care Insurance](#)

Financial Aid

- [Child Care Grant Program](#)
- [Faculty Dependent Care Travel Fund](#)
- [Adoption Assistance Program](#)
- [Children's Tuition Scholarship Program](#)
- [Emergency CARE Fund](#) (Cornellians Aiding and Responding to Employees)

Financial Resources



FINANCIAL RESOURCES

[Navigating personal finances and debt](#) : Cornell-specific resource guide

[ClearPoint Credit Counseling](#): Cornell employees can arrange a free, confidential counseling session

[Travel Assistance to NYC for Medical Appointments](#)

[Professional clothing giveaway](#)

[Perks and discounts at Cornell and in the community](#)

[Computer purchase payroll deduction loans](#) at the Cornell Store

[Cornell Cooperative Extension](#) offers educational programming and services to support financial wellbeing, such as home energy savings:

- [Tompkins County](#)
- [Schuyler County](#)
- [Cortland County](#)
- [Cayuga County](#)
- [Seneca County](#)
- [Chemung County](#)
- [Tioga County](#)

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