



Cornell Program for Healthy Living (CPHL)

Directory of Primary Care Physicians

This is a listing of Primary Care Physicians (PCP) who have elected to join the **Cornell Program for Healthy Living**. If you wish to receive the Enhanced Wellness Exam, please be sure to select one of these physicians for your PCP. In addition, each family member you cover under this health insurance program must also pick a PCP from this list if they wish to receive an Enhanced Wellness Exam.

Please carefully type in the PCP's name and Aetna PCP Provider Number on the eBenefits panel to continue registering for the **Cornell Program for Healthy Living**.

If you and/or your dependents do not wish to receive the Enhanced Wellness Exam, you do not need to select a PCP. By not selecting a PCP, you and/or your dependents will still be able to receive a **routine physical exam**. Please refer to the [CPHL website](#) for more information.

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TOMPKINS COUNTY

<i>Family Medicine Practices</i>	<i>Participating Primary Care Physician</i>	<i>Aetna PCP Provider Number</i>
Ann & John Costello MD	Costello, Ann	4217986
	Griffin, Judith	5844898
	Jander, Lucia	7260773
Cayuga Family Medicine	Howson, Mary	5797197
	Karnow, Alexandra	5875799
	Loehr, James	7353050
	Ryan, Elizabeth	4986145

Cayuga Medical Associates	Cotton, Elisabeth	5260534
	Hassan, Humaira	9376423
	Jones, Cynthia	5368679
	Margie, Walter	4118052
	Mead, John-Paul	7019240
	Pachikara, Samson	7728251
Dryden Family Medicine	Klepack, William	4228217
	Silcoff, Howard	5298599
	Sopchak, Mason	9182690
Family Medicine Associates of Ithaca	Breiman, Robert	4215839
	Berlin, Carol	4759678
	Darlow, Lloyd	4638406
	Midura, Alan	4495790
	Shallish, Neil	4216891
	Ziegler, Sharon	5363216
Family Practice Associates of Dryden	Niziol, Michael	4226076
Gannett	Decker, Francesca	5843834
Guthrie Medical Group	Cannariato, Catherine	4655123
	Crepet, Ruth	4253450
	Estill, Matthew	5984192
	Galyanova, Valentina	5802751
	Kuntz, Bruce	7088329

	Mohyuddin, Aliasghar	5793561
	Skezas, Jacob	4094395
Integrative Family Medicine	O'Shae, Marne	7036535
	Stewart, Nancy	4216800
Ithaca Med	Law, Adam	4415969
Karen LaFace, MD	LaFace, Karen	7734050
Radomir Stevanovic, MD	Stevanovic, Radomir	7304687
Trumansburg Family Health Center	Blegen, Michelle	7983255
	Cooke, John	7497466
	Heetderks, Gerrit	5411928
	McCauley, Maura	7511206
Internal Medicine of Ithaca	Wattoo, Muhammad	5212756
<i>Pediatric & Adolescent Medical Practices</i>		
Buttermilk Falls Pediatrics	Casey, Jessica	7132359
	Lambert, John	4217979
	Sendek, Janusz	4490851
	Shrivastava, Amitabh	4547589
Guthrie Medical Group	Naik, Dhruvi	7203549
	DeSilva, Audrey	5677620
	Estrin, Yonit	4860318
	Harris, Timothy	4803219

Northeast Pediatrics and Adolescent Medicine	Snedeker, Jeffrey	4602871
	Tamborelle, Lindsay	5987821
	Torrado, Andrea	5615598
	Uphoff, Marguerite	4217140
	Hart, Shern	4507112
DEPENDENT LIVING OUT OF AREA	Enter: "None"	2222222

GANNETT STUDENT HEALTH SERVICES

IMPORTANT NOTE: Gannett Health Services will only take Cornell students as patients for this program. Only Cornell students are able to select a physician from Gannett as their PCP. This is not available to employees.

<i>Adolescent Medicine Practices</i>	<i>Participating Primary Care Physician</i>	<i>Aetna PCP Provider Number</i>
Gannett Health Services	Bullis, Kent	5983278
	Driesch, Mary	5166318
	Hamilton, Jada	5464837
	Hill, Kenneth	4287041
	Hurley, Margaret	4230406
	Jones, Anne	9840380
	Koppel, Edward	5735760
	Wentzel, David	4215474

OUTSIDE OF TOMPKINS COUNTY

Guthrie Clinics operate as one integrated clinic, regardless of location. Thus, the following Guthrie Clinic physicians will also accept patients under the Cornell Program for Healthy Living. If you live outside of Tompkins County or seek your medical care outside of the county, one of the Guthrie Clinic locations may be convenient for you.

<i>Family Medicine Practices</i>	<i>Participating Primary Care Physician</i>	<i>Aetna PCP Provider Number</i>
	Armstrong, Robert	4094963
	Belardi, Francis	4062388
	Cassetta, Brian	4094900
	Choi, Mike	7983457
	Choi, Susan	4312176
	Corey, Mark	5740716
	Elsisi, Amr	7509202
	Fucito, Christopher	7804968
	Garcia, Carlos	5258775
	Gustafson, Thomas	4261122
	Hallihan, Kathleen	7543043
	Ho, Elizabeth	4253452
	Hodder, Heidi	9515214
	Ingerick, Brent	7418644
	Jabile, James	9226387
	Jones, Anne	9840380
	Khan, Rowshanul	5999092
	Lewis, Paulette	7060455
	Malavet, Angel	4673210
	Malavet, Janette	5026023

Guthrie Medical Group

Manek, Megha	9863685
Mauer, Mark	4531775
McClelland, Robert	7311496
McClintic, William	4094866
Meneses, Robert	4562669
Odife, Amechi	9062400
Parken, Peter	4094901
Patel, Palakkumar	9295424
Perle, Kristine	5343542
Phillips, Eric	4459192
Phykitt, Donald	4506654
Prabhu, Sheela	7475584
Qadir, Abdul	4094947
Ryab, Debra	4083097
Samodal, Rodrigo	7098637
Sharma, Hari	4094943
Sharma, Ram	5778620
Solomon, Sarra	7812492
Sutton, Mala	4094407
Tao, Sue HIng	7148229
Tarafdar-Haghighat, Shahrzad	9370609
Terwilliger, Jerry	4083123

Tibrewal, Mahima	9741695
Tran, Vinh	9478606
Weiner, Jamie	5425421
Woglom, Russell	4259673
Yaeger, Thomas	4134131

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