Opportunities to expand your abilities at Cornell are limited only by your ambition. Talk to your supervisor about ways you can best take advantage of training benefits.

**Technical and Business Systems Training: Workshops presented by CIT**

Cornell’s Information Technologies (CIT) offers a wide range of workshops for beginners to advanced users on office productivity tools and essential computer skills, such as Microsoft Office and Adobe Creative Suite products, as well as training for audio-visual technologies, financial reporting, and project management.

**Current IT Training**

To browse the entire course catalog for IT training, Microsoft Office, and Adobe Creative Cloud classes, go to [CULearn.cornell.edu](http://CULearn.cornell.edu), log in to the site, click on “browse the complete course catalog,” then filter by Job Skills and Professional Development. You can also search for a specific course. If you are interested in attending a course that does not yet have a class scheduled, use the 'Request Learning' option to show your interest.

**Kuali Financial System (KFS): Cornell’s accounting system**

A guide to trainings available for the Kuali Financial System (KFS), including classes and tutorials, is available on the Division of Financial Affairs (DFA) [website](http://www.cornell.edu). Click the training icon and filter by “DFA Training.” Click here for [procedure and support PDFs](http://www.cornell.edu).
Workday Training: Cornell’s benefits & personal information database

Use Workday to keep contact information up to date, manage benefits, request and approve time off, maintain a professional profile, and apply for jobs.

How-To Guides for Employees and Managers

How-To Guides for HR Professionals & Partners

Online Training: Learn at your own pace

Lynda.com is a free online tool available to all faculty, students and staff with an active Net ID. It offers 2,500 detailed courses with over 80,000 high-quality instructional videos on the latest software, creative, and business skills for people at all experience levels. Sharpen your Excel skills, learn how to create a PowerPoint presentation, master negotiation techniques, and much more. More details...

SkillSoft offers thousands of free online courses, books, and short videos in various information technology and business-related curricula. Log on to SkillSoft using your Cornell Net ID and password. You can also check out courses that match Cornell's Skills for Success: Job Skills, Inclusiveness, Adaptability, Self-Development, Communication, Teamwork, Service-Minded, Stewardship and Innovation. More details...

eCornell: Written by Cornell University faculty, eCornell offers online courses and certificates which are available at a discounted rate of $100 each to Cornell employees. Assignments are reviewed and commented on by course instructors or Learning Team members, and generally take 5-7 hours over the course of two weeks. Certificates are offered in Business Management, Healthcare, Hospitality and Foodservice Management, Human Resources, Project Leadership and System Design and Sales Growth. More details...

Diversity & Inclusion: Trainings that raise awareness and enhance campus culture

Respect @Cornell: Addressing Sexual Assault and Sexual Harassment

A brief online course (less than 1 hour) expected of all CU faculty and staff, addressing sexual violence, harassment, and discrimination. Federal law requires that all faculty and staff receive information about sexual assault/violence, dating violence (also known as
intimate partner violence), and stalking prevention and response. We expect that all Cornell faculty and staff will take this course as part of our commitment to maintaining a safe and respectful academic and workplace environment.

**Inclusive Excellence Academy (IEA)**

Programs designed to advance an inclusive educational environment and workplace, incorporating interactive theater and experienced speakers that engage audiences, open eyes, and change minds. [IEA workshops and courses](#) are offered throughout the year.

**Cornell Interactive Theatre Ensemble (CITE)**

CITE is Cornell's acclaimed theatrical ensemble that presents programs to academic and corporate clients nationwide. [CITE's interactive workshops](#) present a contemporary dramatization of themes and relationships to foster dialogue from multiple points of view about some of the challenges of working and living together in a diverse world.

**Other Diversity Training Resources:**

- [SHARE (Sexual Harassment and Assault – Response and Education)](#)
- [Code of Conduct](#)
- [Ethical Conduct Policy](#)
- [Cornell’s Commitment to Diversity](#)
- [A Guide for Responding to Harassment and Discrimination](#) (pdf)
- [Disability Training for Managers](#)

**Wellbeing: Training that supports personal, physical, emotional, and financial wellbeing**

Having a baby? Caregiving for an elder? Want to learn more about flexible work options? Cornell offers workshops to support these and other life transitions, as well as classes in finances, healthy cooking, life coaching, weight loss, knitting, meditation, outdoor education and more.

- [HR Wellbeing Workshops](#)
- [Financial Education & Tools](#)
- [Flexible Work at Cornell](#)
- [Cornell Recreational Services Programs](#)
- [Cornell Outdoor Education Classes](#)
Cornell University Police: Programs that promote safety and security

CUPD presents a range of programs that include alcohol awareness, cash handling, crime prevention, identity theft, property protection, personal safety, rape prevention, violence in the workplace, and winter driving techniques. More details

Research Administration: Trainings from the Office of Sponsored Programs which support research

Courses include the Research Administration Certification Program, recommended for staff whose work supports sponsored projects, particularly those new to the field or new to Cornell University.